

9. Co-curricular Activities conducted by the Institution



A handwritten signature in black ink, appearing to be "S. M.", located below the library stamp.

Delhi Institute of Rural Development (DIRD)
Nangli Poona, Delhi-110036

**Seminar/Conference/Workshop organized by the institute during academic session
2023-2024**

S.No	Topic	Date	Resource Person
1	National Conference on Impact of Digitalization on Education During & After Pandemic	28 th August 2023	Prof. Ahrar Hussain, Dr. V.P. Singh, Ms. Preeti
2	National Conference on "Sustainable Integration of Digital Literacy in Higher Education"	11 th December 2023	Prof. P.V Khatri, Prof. Nuzhat, Prof. Sandeep Kumar
3	Seminar on Job winning Digital Marketing Skills	3 rd July 2023	Ms. Neha Sabharwal from ITS Ghaziabad
4	Seminar on Health & Wellness	26 th July 2023	Dr. H.L Khatri
5	Seminar on Personal Interview Skills	4 th Aug 2023	Mr. Sunil Dua from T.I.M.E
6	Seminar on Professional Ethics	25 th Aug 2023	Dr. Pooja Nanda from Sushant University Gurugram
7	Seminar on "How to do well in GD's?"	10 th October 2023	Mr. Neel Panicker from TIME
8	Seminar on ICT Education, Administration & Management	10 th Nov 2023	Prof. MC Sharma
9	Seminar on Action Research	17 th Nov 2023	Dr. Amit Ahuja
10	Seminar on Awareness on Prevention of Drug Abuse	1 st March 2024	Ms. Meenu from Indian Red Cross Society
11	Seminar on Cancer Awareness	7 th March 2024	Dr. Indu Aggarwal from Rajiv Gandhi Cancer Institute Rohini
12	FDP on "Active Learning: Preparing Students for 6 C's of Skill Enrichment"	31 st July to 6 th August 2023	Prof. PV Khatri Prof. NK Oberoi Mr. Rakesh Chawla Dr. Sanjay Kumar
13	FDP on "Innovative Ways of Teaching Learning Methodologies & Strategies"	12 th to 18 th December 2023	Dr. Abha (GGSIPU) Dr. Abhilasha (AIE) Dr. Sanjay Kumar (SCERT) Dr. H.L. Khatri (DIET, SCERT) Dr. Sanjay Kumar (SCPS)
14	FDP on "Professional Ethics and Teaching Techniques in Present Scenario"	24 th to 30 th Jan 2024	Dr. Abhilasha Gautam Dr. H.L Khatri Ms. Preeti



15	Workshop on Vocabulary & Communication Skills	18 th Aug 2023	Mr. Vimal Kumar Taheem
16	Workshop on Entrepreneurship	6 th Sep 2023	Dr. Kothari & Ms. Shweta from DIAS
17	Workshop on Communication & Public Speaking	15 th Sep 2023	Mr. Shashank Swarn
18	Workshop on Art & Drama in Education	14 to 16 November 2023	Ms. Alka Gaba
19	Workshop on Mindfulness in Classroom	24 th Nov 2023	Dr. Sangeet Sharma
20	Workshop on E-Waste Management	14 th Dec 2023	Ms. Liza Puri
21	Workshop on Health & Physical Wellness	15 th December 2023	Dr. Suman
22	Workshop on Mental Wellness	12 th Jan 2024	Ms. Swati Sinha
23	Webinar on Time Management New Situation, New Challenges	31 st July 2023	Mr. Neel Anil Panickar from TIMES Group
24	Webinar on "Adobe Digital Disha" Adobe	8 th September 2023	Ms. Liza Puri & Mr. Godfrey Pinho
25	Webinar on Cancer Awareness	17 th Feb 2024	Dr. Swarupa Mitra ,Doctor, Rajiv Gandhi Cancer Hospital, Delhi)
26	Webinar on Awareness about Investment in Securities Market	4 th Oct 2024	Mr. M.K Dutta from SEBI
27	Webinar on Financial Wellness	27 th October 2023	Ms. Namrita Arora from Knowledge Learning Academy



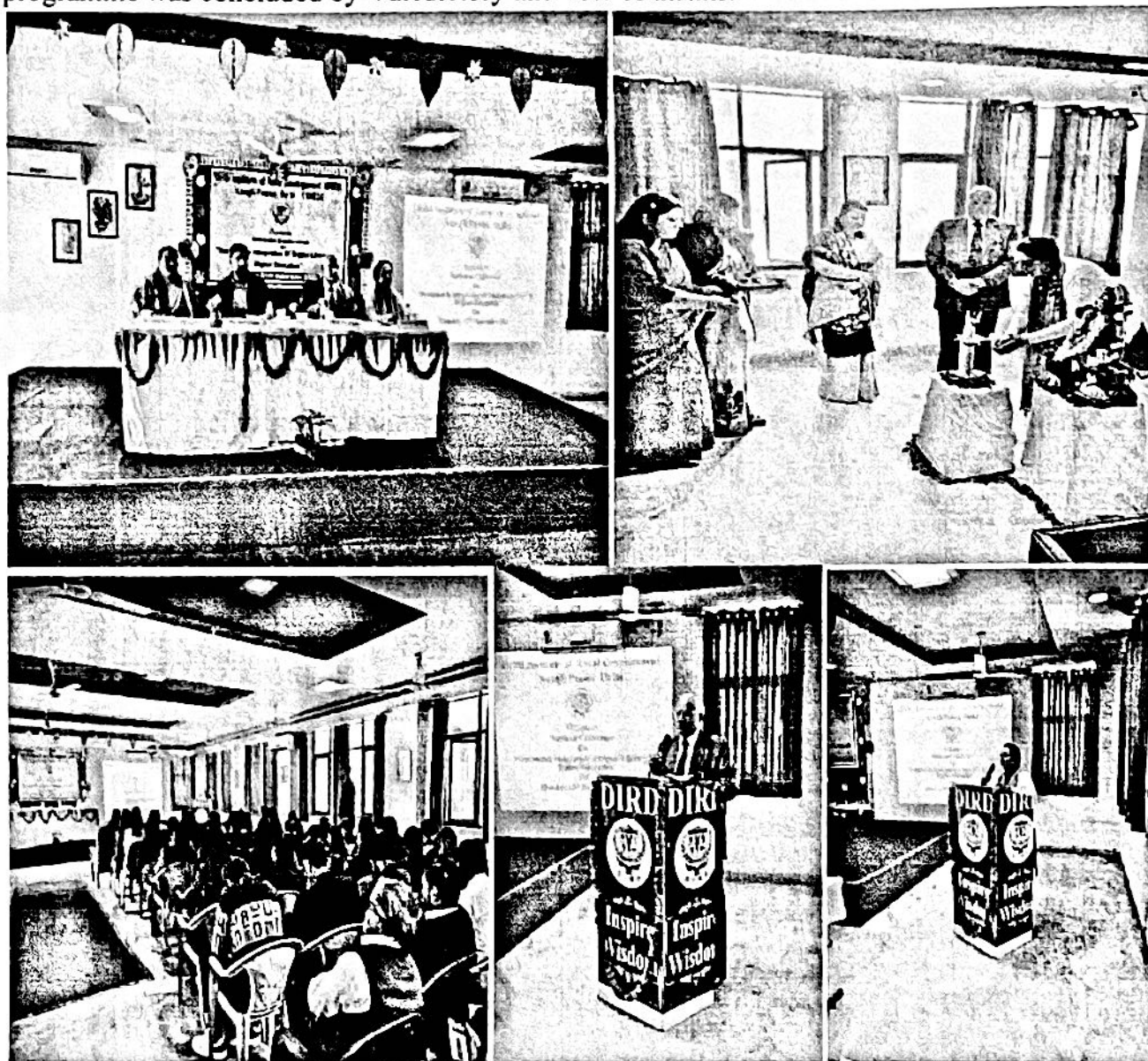
National Conference, 28th August 2023

DIRD organized a National Conference on 28th August 2023. The theme of the conference was **"Impact of Digitalization on Education Post Pandemic"**. The objective of the conference was to discuss the impact of digitalization on the education after covid-19 pandemic and the challenges faced by students as well as teachers. The Guest of Honour of the day was Prof. Ahrar Hussain from Jamia Millia Islamia. The keynote speaker was Dr. V.P Singh from NCERT and the resource person was Ms. Preeti from SCERT. The programme began with the lamp lighting by the eminent guests and melodious Saraswati vandana by the students. The speakers presented their views on the theme and provided their valuable inputs and experiences on digitalization and impact through their presentations.



National Conference on “Sustainable Integration of Digital Literacy in Higher Education”

DIRD organized a National Conference on 11th December 2023. The theme for the conference was “Sustainable Integration of Digital Literacy in Higher Education”. The resource person for the conference was Prof. P.V Khatri from Delhi University, Prof. Nuzhat Parveen Khan from Jamia Millia Islamia and Prof. Sandeep Kumar from CIE, University of Delhi. The conference began with the lighting of lamp and beautiful saraswati vandana sang by students of B.Ed. department. Principal ma'am welcomed the guests by presenting saplings to them. Each of the guest presented their views and experiences on the theme. Prof. khatri highlighted the importance of digitalized education, Prof. Khan elaborated the importance of ethical research and ways to avoid plagiarism in our works. Prof. Sandeep highlighted the importance of ability over technology. Later on technical session was held in which paper presentation was held. The programme was concluded by Valedictory and vote of thanks.



Patrons-

- Mr. Rafiqul (Chairman, DIRD)
- Mrs. Jasmin Rafi Lal (Vice Chairperson, DIRD)

Convenor-

Dr. Suman Lata (Principal)

Co-convenor-

Ms. Anamika Sharma (Asst. Prof.)

Organizing Committee-

- Dr. Garima Sharma (Asst. Prof.)
- Mr. Vikram Prakash Duhian (Asst. Prof.)
- Dr. Suman (Asst. Prof.)
- Dr. Komal (Asst. Prof.)

For Registration click on link below-
<https://forms.gle/UumeiArcYH55t1BF7>

Registration Fee-

- Professionals/ Academicians -700
- Research Scholars -500
- Students -200

Mode of Payment-

- Registration fee should be paid through Paytm or PhonePe on this phone number-- 9654192017 (Mr. Naveen Gupta)

Note- Share the screenshot of payment made on this no. 8800832353 (Ms. Anamika)

DELHI INSTITUTE OF RURAL DEVELOPMENT

Nangli Poon, Delhi-110036

Recognized by Govt. of Delhi and NCTE
Affiliated to GGSIPU, Dwarka, Delhi)



Organises

National Conference

on

**"Sustainable Integration of Digital Literacy in
Higher Education"**

on

11th December 2023

About the College

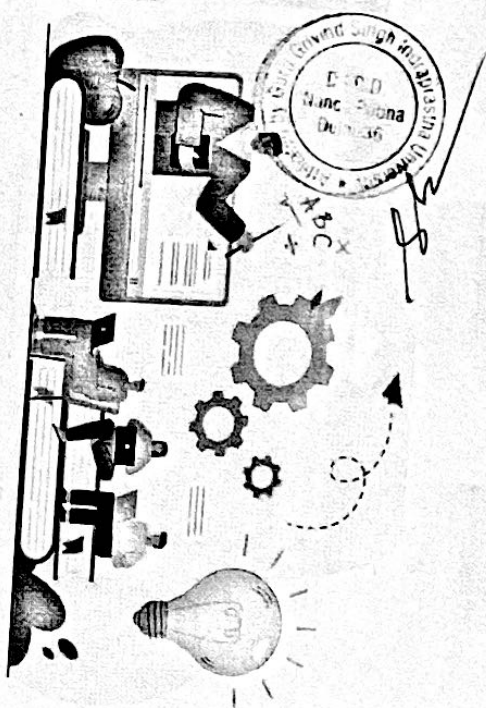
DIRD came into existence in the year 2005 under the aegis of Al-Nabi Educational Social Trust. The institute is located in the rural area at Nangli Pooa, Delhi-110036 and affiliated to GGSIPU and are recognized by respective councils and affiliating body. The institute stands as an example of motivation, sincerity and innovation and include the people that abide by such qualities. The institute is not only proud of its dedicated faculty but also the enthusiastic students. The institute offers graduate level programme in the field of Management, Humanities, Law and Education.

About the Conference

Technology is essential to the functioning of modern society; we rely on it from dawn to dusk. Digital technologies have unleashed a flood of exceptional capabilities by sweeping away traditional tools and procedures and dramatically transforming people's lives. Sustainable education refers to the incorporation of environmental, social, and economic sustainability into the curriculum and learning outcomes. The COVID-19 pandemic has highlighted the importance of sustainable education, as it has revealed the vulnerabilities of the current economic and social systems. In addition, the pandemic has made it clear that students need to be prepared to be critical thinkers and problem solvers who will be able to navigate and address the challenges of the future and orient themselves in the issues of global climate change threats and sustainable development

Higher education institutions have undergone substantial transformations over the past few years due to state-of-the-art technological, ecologically responsible, and social tendencies toward digitalization. Educational institutions' integration of the latest digital facilities is envisioned to create an interlinked setting that allows students to acquire knowledge in a digital format.

Through the sub themes the aim of the conference is to brainstorm the issues & challenges of Digital literacy & Sustainability.



Sub themes of the Conference

1. Digitalization of Higher Education to achieve Sustainability.
2. Need of Integrating Digital Literacy in Higher Education.
3. Digital Literacy & Sustainability
4. Digital Literacy to Digital Competence: Teacher Education
5. Digital Literacy & Managerial Skills
6. Digital Safety and Cybercrime: Perspective of Law with respect to Digital Learning
7. Digital Literacy strategies for Children with Special Needs
8. Importance of Digital Literacy at Workplace

Important Dates-

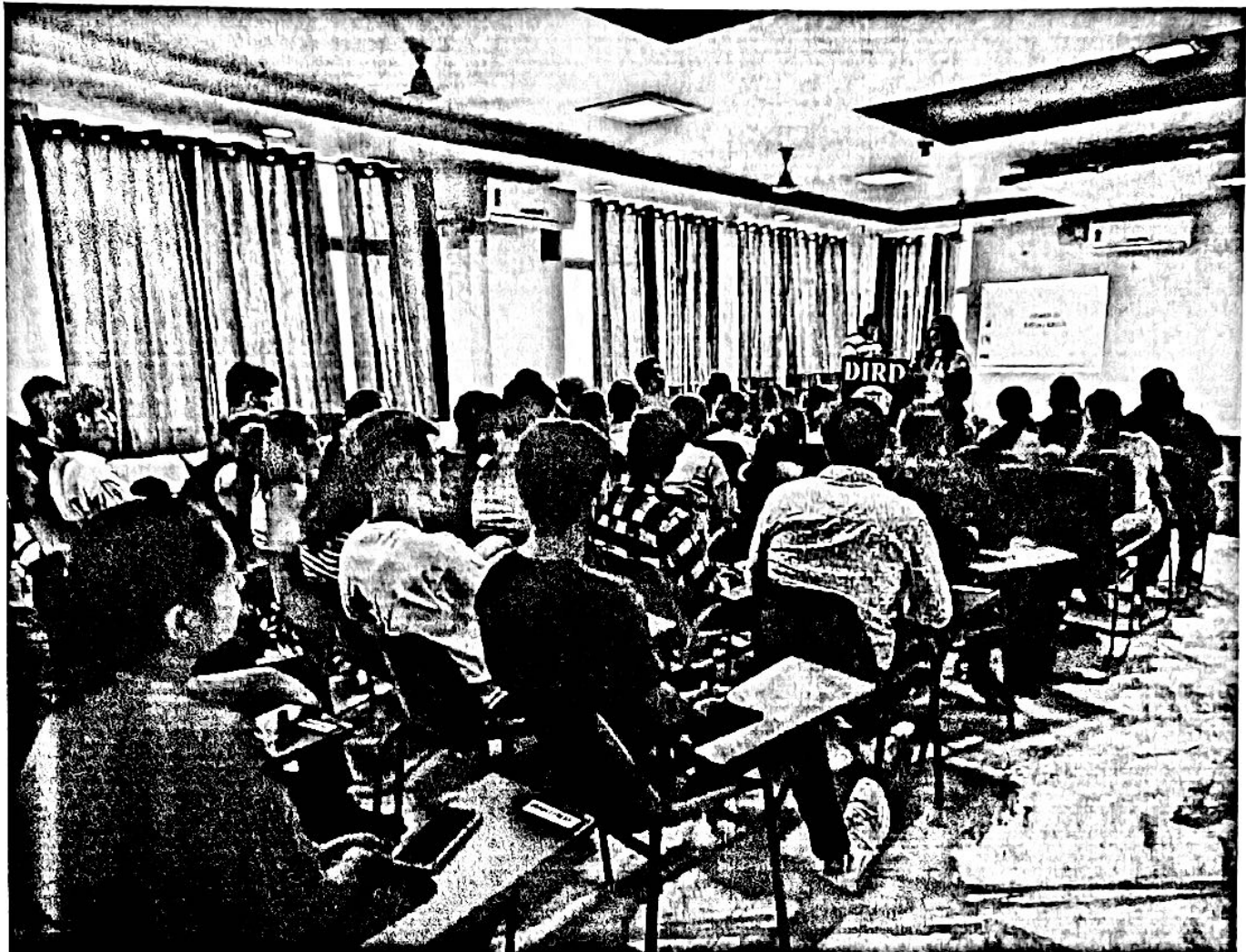
- Last date of submission of Abstract- 4th Dec 2023
- Last date of paper submission- 7th Dec 2023
- Last date of registration- 9th Dec 2023
- Date of Conference- 11th Dec 2023

Note-Selected papers will publish in a book having ISBN

Kindly mail your abstracts & papers on-
dirdprincipal@gmail.com

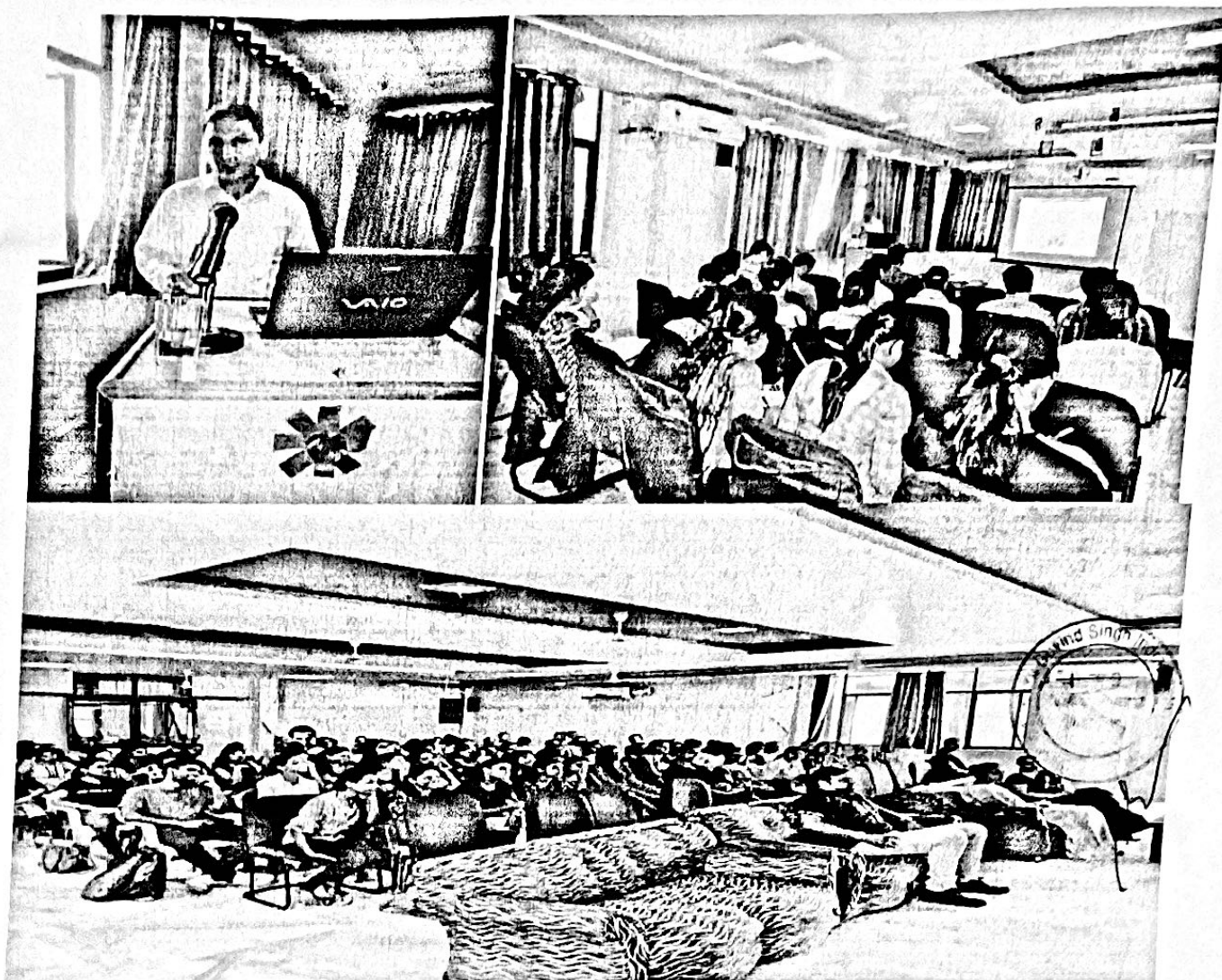
Seminar on Job winning Digital Marketing Skills

DIRD organized a seminar on Job winning Digital Marketing Skills to invest in Future on 3rd July 2023. The resource person for the seminar was Ms. Neha Sabarwal from ITS Ghaziabad. The objective of the seminar was to focus on content creation, how to make websites, various digital marketing skills etc. Ms. Neha took a detailed session explaining all these essential things and also presented a motivational video on the same. Lastly she took the queries and questions of the students and cleared their doubts.



Seminar on Health & Wellness

DIRD organized a seminar on "Health & Wellness" on 26th July, 2023. The objective of the seminar was to create awareness about health and wellness among the students. The resource person for this seminar was Dr. Hiralal Khatri. All the students and faculty members were present for the seminar. Dr. H.L Khatri enlightened the students about the theme and presented their views on how good health and wellness is connected and the role it plays in our lives. It was an interesting and interactive session. Principal Ma'am offered a note of thanks to the resource person for sharing valuable thoughts on the theme.



Seminar on "Personal Interview Skills"

DIRD organized a seminar on Personal Interview Skills on 4th Aug 2023. The resource person for this seminar was Mr. Sunil Dua from T.I.M.E. The objective of the seminar was to teach students about how to answer questions in interview, etiquettes to be followed while giving an interview, personal grooming, to improve communication skills of students etc. Mr. Sunil covered all these topics in a detailed manner and in the end he took up the queries and questions of the students. It was a learning and knowledgeable session for all.



100

Topic: Seminar on Professional Ethics

Resource Person: Dr. Pooja Nanda from Sushant University Gurugram

Date: 25th Aug 2023

Attended by: Students of DIRD

A seminar on professional ethics on 25th Aug 2023 has been organized by DIRD. The session was led by Dr. Pooja Nanda

Seminar was started with the introduction of professionalism and ethics in life and in business which is given by Dr. Pooja; then she described the technicalities of profession and professional life. She elaborated how professional ethics encompass the personal and corporate standards of behaviour expected.

She explained the importance and characteristics of professional ethics. In which Dr. Pooja discussed how professional ethics create organizations based on moral standards of conduct. She detailed three principles on which professional ethics are based. In the conclusive part of her presentation she elucidated several types of professional ethics, each of which is related to a profession.



Seminar ended with the question and answer session regarding the topic discussed; in which Dr. Pooja answered all the questions raised and also clarified the doubts & resolved all the queries raised by the students.



Seminar from TIME Group on 'How to do well in GDs'

Date -10th October 2023

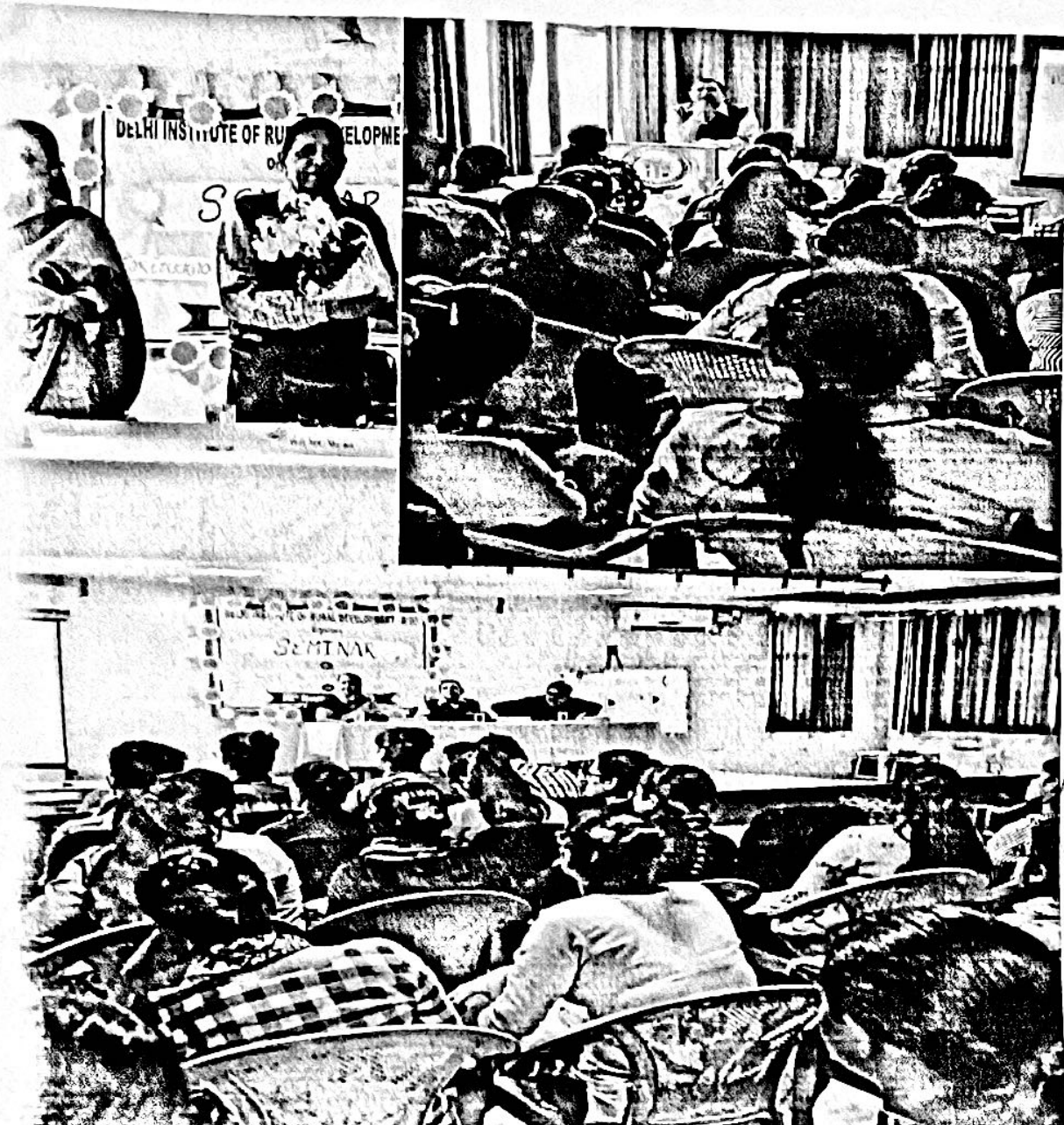
Resource person: Mr. Neel Panicker

A Seminar was conducted for the final year and second year BBA & B.Com and BA(Eco) students on “How to do well in GDs, The session was to make the students aware about the importance of GDs and the points to be kept in mind when taking part in a GD. The session was targeted to make the students understand about the scope and various dimensions of group discussion. They were also given information about the time of admission and requirements of different types of public speaking at the time of admission. They were also briefed about the group discussion process and its importance along with the preparation strategies for it. They were briefed about benefits and advantages of group discussion, along with avenues of job opportunities. A good, interactive session with the speaker gave the students clarity on how to prepare for group discussion for higher education. Many students turned up for the Q&A round after the session.



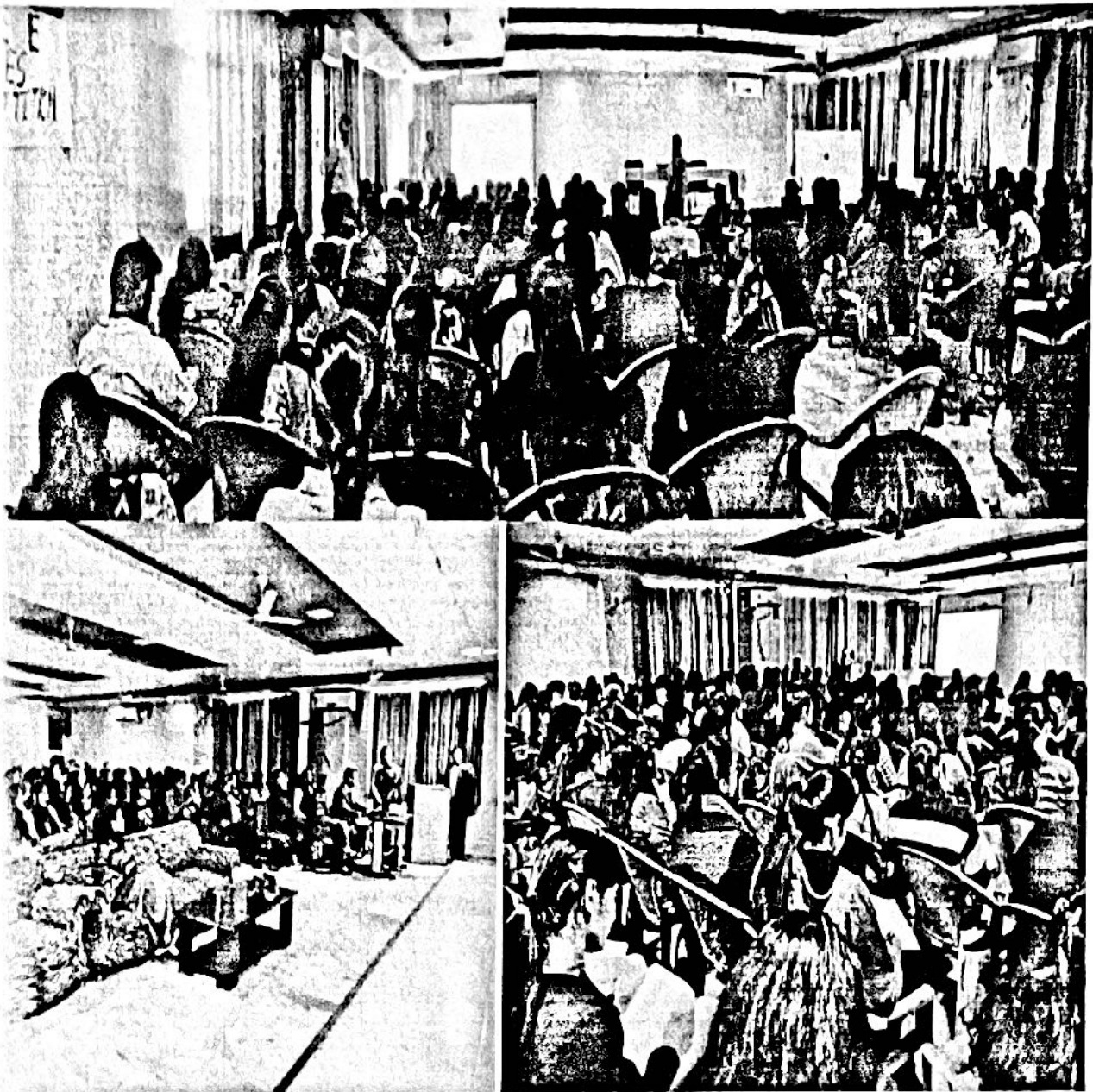
Seminar

I organized a seminar on 10th Nov 2023. The theme of the seminar was "ICT Education, Administration and Management". The objective of the seminar was to create awareness about the use of ICT in Education, Management and Administration. The resource person for the seminar was Professor M.C. Sharma. All the students and faculty members were present. It was an informative and interactive session. Students took interest and asked relevant questions according to the theme of the seminar and the resource person successfully satisfied the queries of the students. Principal Ma'am offered a note of thanks to the resource person for sharing valuable thoughts on the theme.



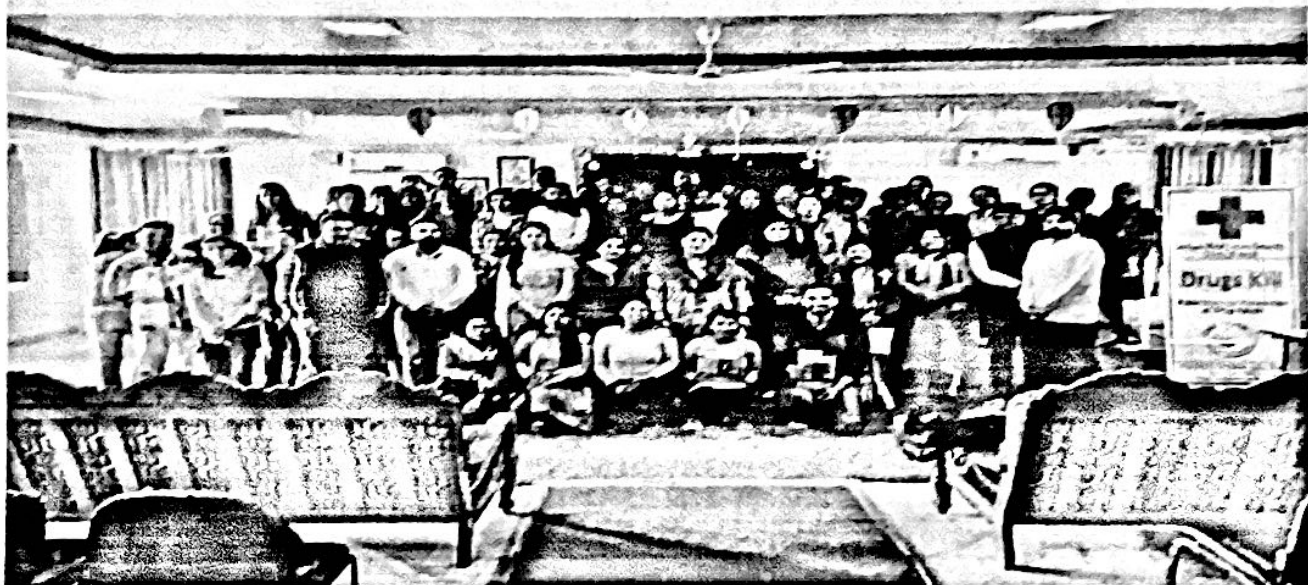
Seminar on Action Research

A seminar on Action Research was organized by DIRD on 17th November 2023. The resource person for the seminar was Dr. Amit Ahuja. It was attended by all the students and faculty members. Dr. Amit enlightened the students about the importance of action research. He emphasized the need, how students can apply the action research in their teaching life. He also emphasized the importance of Action research for a future teacher educator. He also presented some of the key points through a presentation. Students took keen interest in the seminar and also clarified their doubts about the topic. It was a learning and beneficial session for all.



Seminar on Awareness on Prevention of Drug Abuse

DIRD organized a seminar on Awareness on Prevention of Drug Abuse on 1st March 2024. The objective of the seminar was to create awareness about Drug Abuse, its harmful effects on health and how can we prevent ourselves from this. The resource person for the seminar was Ms. Meenu from Indian Red Cross Society. Ms. Meenu explained students the meaning of drug abuse, different types of drugs around us. She also explained the harmful effects of each of these on our health and how we can prevent ourselves from it. She also discussed a few myths associated with the use of drugs. Later on she engaged the students in many interesting games and made sure that students have understood the concepts clearly. It was a very informative and enlightening session for all.



Seminar on Cancer Awareness

DIRD organized a seminar on Cancer Awareness on 7th March 2024. The objective of the seminar was to create awareness and to provide essential information about cancer, its types, dangers and prevention. The resource person for the seminar was Dr. Indu Aggarwal, HOD Preventive Oncology from Rajiv Gandhi Cancer Institute, Rohini. Dr. explained the students about types of cancer, how they spread, risk factors etc. She also explained the prevention and how we can protect ourselves from it. She even emphasized the importance of regular screening and self-detection techniques with the help of which we all can self-examine ourselves as a preventive measure against Breast cancer. She explained the harmful effects of alcohol and smoking and types of cancers that can be caused by the abuse of these. At last, she explained the importance of early diagnosis and regular screening in case of any type of cancer. It was an informative session for all.



Delhi Institute of Rural Development (DIRD)
Nangli Poona, Delhi-110036

**Faculty Development Programmes organized by the institute during academic session
2023-24**

S.No	Topic	Date	Resource Person
1	FDP on "Active Learning: Preparing Students for 6 C's of Skill Enrichment"	31 st July to 6 th August 2023	Prof. PV Khatri Prof. NK Oberoi Mr. Rakesh Chawla Dr. Sanjay Kumar
2	FDP on "Innovative Ways of Teaching Learning Methodologies & Strategies"	12 th to 18 th December 2023	Dr. Abha (GGSIPU) Dr. Abhilasha (AIE) Dr. Sanjay Kumar (SCERT) Dr. H.L. Khatri (DIET, SCERT) Dr. Sanjay Kumar (SCPS)
3	FDP on "Professional Ethics and Teaching Techniques in Present Scenario"	24 th to 30 th Jan 2024	Dr. Abhilasha Gautam Dr. H.L Khatri Ms. Preeti



Topic: "Active Learning: Preparing Students for 6 C's of Skill Enrichment".

Date: 31st July 2023 to 6th August 2023 (7 Days FDP)

Resource Persons: Prof. P.V. Khatri (DU), Prof N.K.Oberoi (DU), Dr. H. L. Khatri (SCERT), Mr. Sanjay Kumar (SCERT), Mr.Rakesh Chawla (DU).

DIRD Organised a 7 days Faculty Development Programme from 31st July to 6th August 2023 on "Active Learning: Preparing Students for 6 C's of Skill Enrichment". All Educators want to help their students excel in life. Over the years, it has become evident to prepare students for 6C's of Education for their all round development which aimed at honing the Teaching skills of teachers as well as perspective teachers. Each Day dealt with Each "C" respectively.

First Day of the programme started with a lamp lighting by our esteemed Director Sir, Principal Ma'am and honorable Speaker. Ms Suman Rana welcomed the key speaker of the Day Prof. P.V.Khatri. He explained the importance of good communication for teachers and students, further elaborated on the means and ways of effective Communication beautifully. It was indeed an enriching Session. Our Principal Ma'am Dr. Suman Lata gave the vote of thanks to the honorable Speaker.

The second day began with a welcome note given by Ms. Garima Sharma .The key Speaker of the day was Prof. P.V. Khatri. Prof. Khatri deliberated on the next theme of the FDP i.e. Critical Thinking. He took daily life examples and experiences to explain the topic. It was a great experience to listen to such an eminent personality.

On the third day of the FDP Prof. Oberoi discussed the third theme - Culture. He related the culture very beautifully with education. He spoke wisely on the importance and influence of culture on education. The session was summarized by Dr. Supreet Singh with a vote of thanks to the speaker.

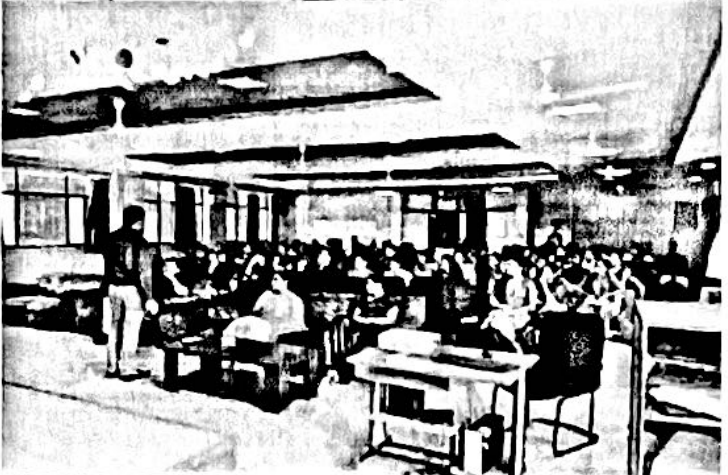
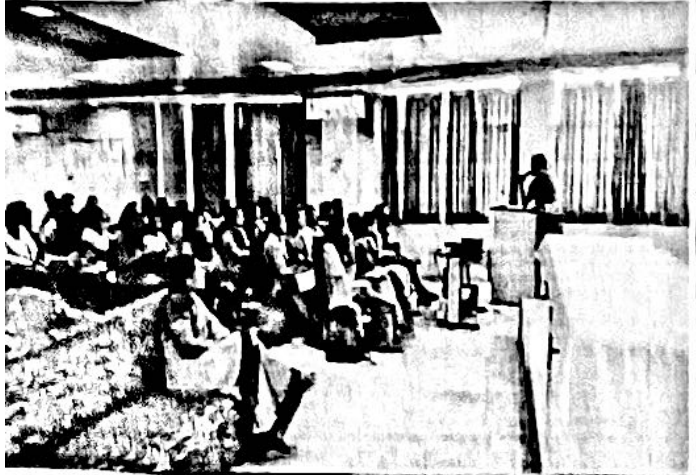
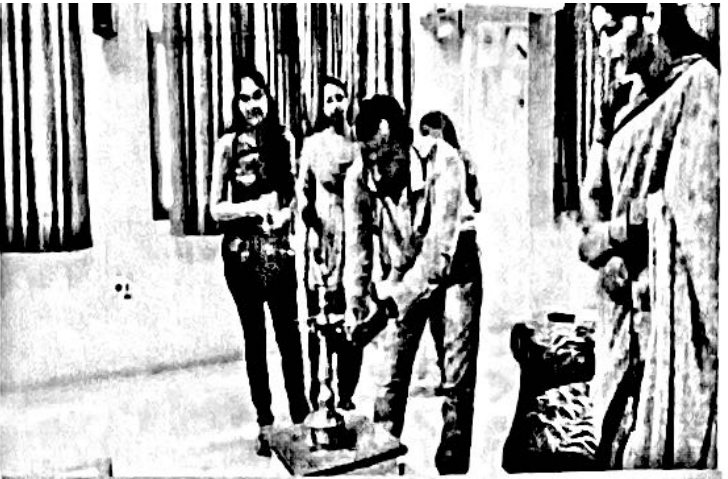
On the Fourth day of the FDP Dr. Khatri discussed the topic "Creativity". He talked in detail about -How a Teacher could bring "Creativity" in the classroom. It was an enlightening session. Ms. Suman Rana summarized the Day with a vote of thanks.

On the fifth day Dr. H.L. Khatri deliberated on the topic - Collaboration. Dr. Khatri discussed the meaning and importance of Collaboration. Sir took up daily life examples to make the discussion more interesting. Ms. Anamika Sharma summarized the Day with a vote of thanks

On the Sixth Day Mr. Supreet started the day with a welcome note for the Speaker Mr. Sanjay Kumar. Sir elaborated on the next theme - Connectivity. He discussed connections between students and teachers and ways to improve this connectivity. The session was summarized by Ms. Garima Sharma with a vote of Thanks.

The last day of the faculty development programme was for the overall discussion on 6 C's. The day started with a welcome note given by Dr. Madhu for our Speaker Mr. Rakesh Chawla. Mr. Chawla headed the discussion and brainstorming session with the faculty members. It was a great learning experience. Principal maam congratulated the organizers and participants of the FDP and thanked to all the eminent speakers for enlightening us and making this Faculty development programme a great success.





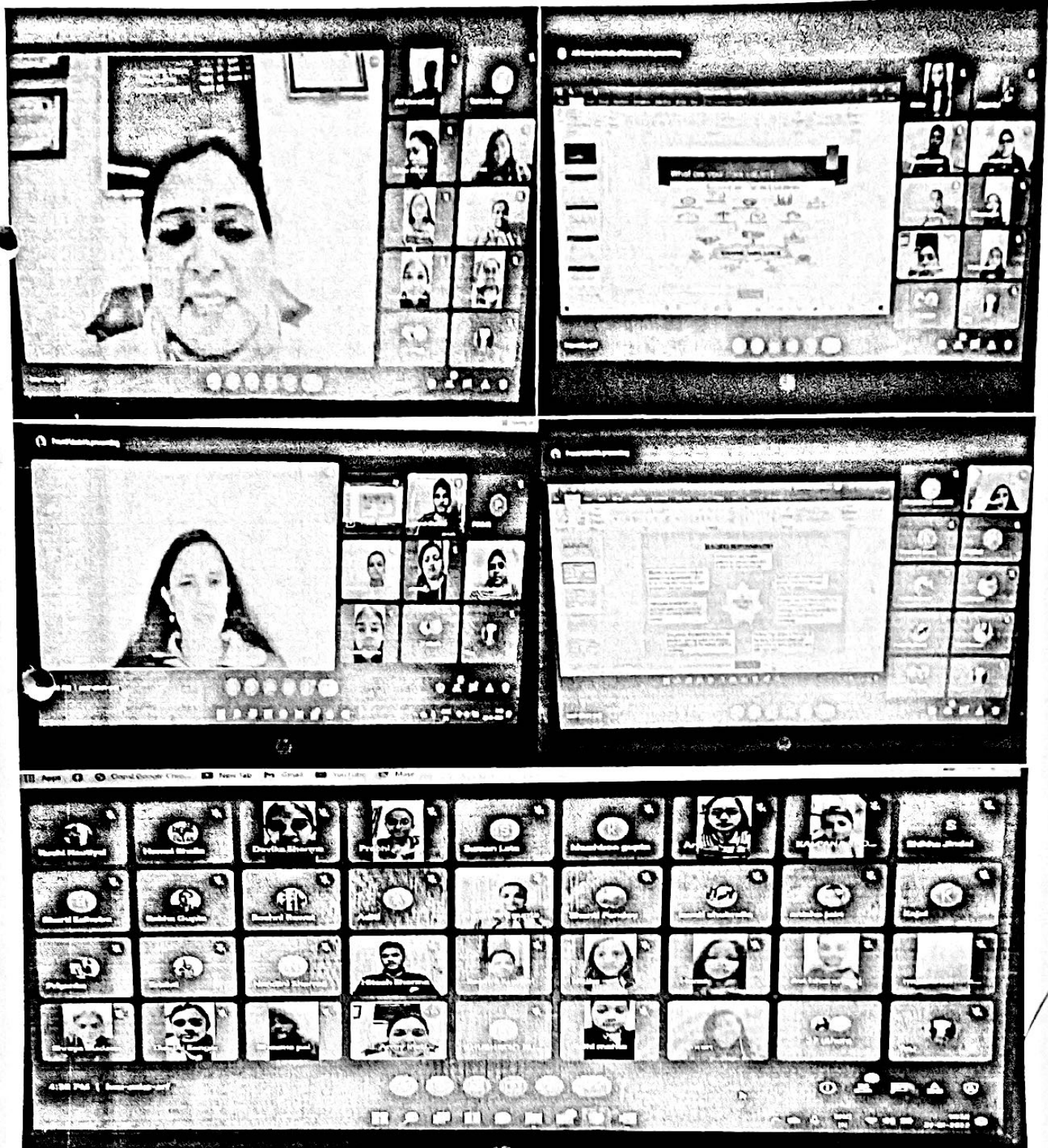
Faculty Development Programme on “Innovative Ways of Teaching Learning Methodologies & Strategies”

DIRD organized a seven days Faculty Development Programme on 12th to 18th December 2023. The theme for the FDP was Innovative Ways of Teaching Learning Methodologies & Strategies. The objective of the FDP was to foster innovative teaching skills in the faculty of management institutions. These skills include activities, situation handling, projects, movies, videos, social media and action research etc. The Resource persons for the seven days programme were Dr. Abha, Deputy Registrar from GGSIPU, Dr. Abhilasha, Principal from AIE, Dr. Sanjay Kumar, Principal from Saraswati College of Professional Studies, Dr. H. L. Khatri from DIET, SCERT and Dr. Sanjay Kumar, Assistant Professor, SCERT. Principal ma'am Dr. Suman Lata along with all the faculty members and students attended these sessions. It was a very interactive and learning programme for all where all the resource persons presented their thoughts and expertise on various themes like Innovative methods of teaching, how to improve teaching by use of modern technologies and Innovations in the field of Education.



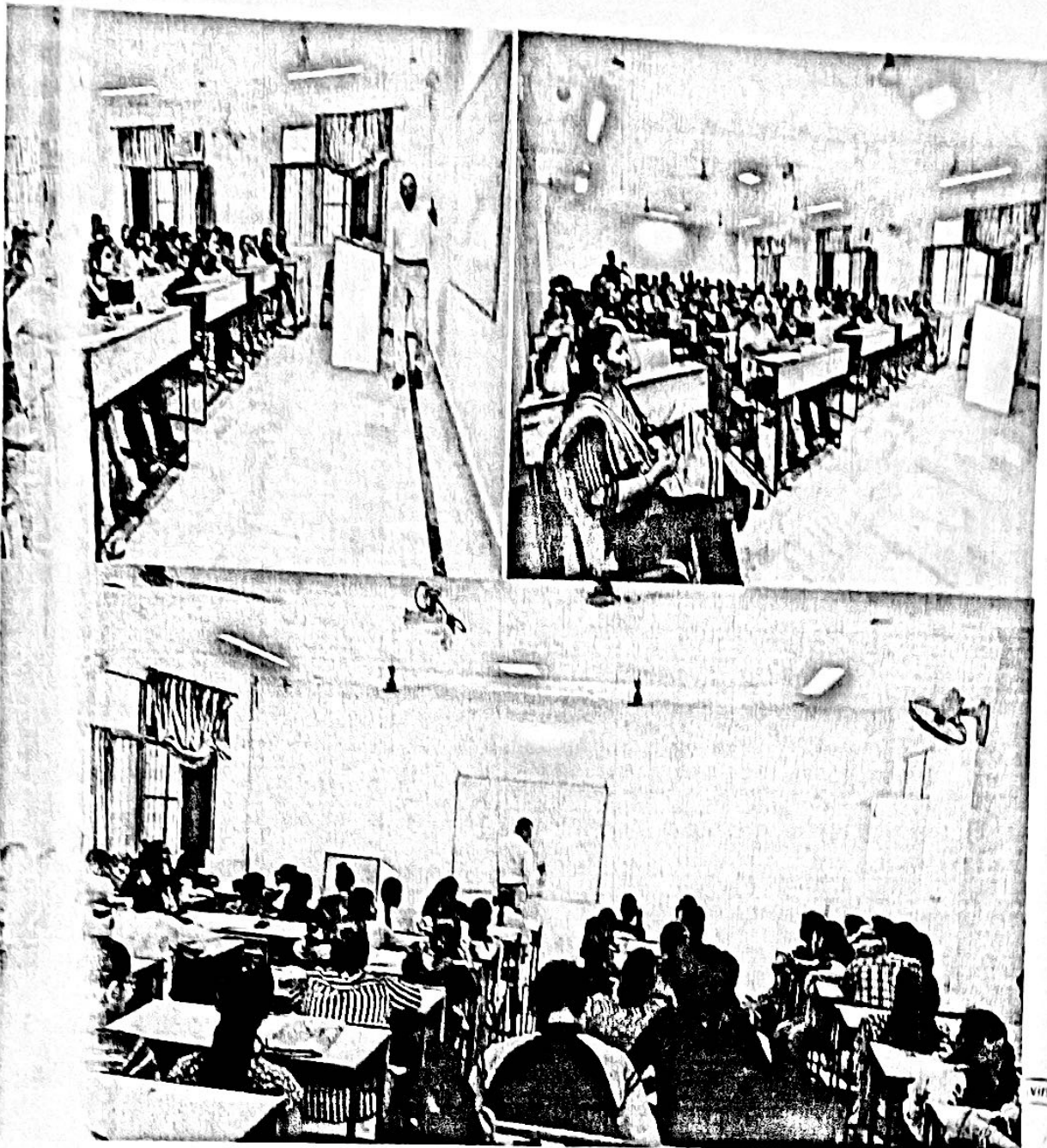
Faculty Development Programme, Jan 2024

DIRD organized a seven-day Faculty Development Programme from 24th January to 30th January 2024. The theme of the FDP was Professional Ethics and Teaching Techniques in present scenario. The objective of the FDP was to understand the importance of ethics and teaching techniques in teaching profession for students as well as mentors. The Resource person on day 1 was Dr. Abhilasha Gautam from Army Institute of Education. Dr. Gautam highlighted the importance of ethics in teaching profession and how a would-be teacher can inculcate good values among themselves. The resource person for day 2 was Dr. Preeti Khatri from SCERT. Dr. Khatri gave a very informative session on professional ethics and importance of good teaching techniques for a teacher.



Workshop on Vocabulary & Communication Skills

DIRE organized a workshop on Vocabulary and Communication Skills for all the students and faculty members on 18th Aug 2023. The resource person for the workshop was Mr. Vimal Kumar Taheem, author of the book "English word power at your Fingertips". Mr. Vimal introduced the students about the concept of learning and memorizing the vocabulary and how students can learn and retain the words that they have learnt. He also explained various methods through which students can improve their communication skills and can plan for competitive exams. All the students including faculty members attended the session and gained knowledge from this informative workshop.



Title: Workshop on Entrepreneurship

Resource Person: Dr. Kothari and Ms. Shweta from Delhi Institute of Advanced Studies

Date: 6th September 2023

Attended by: Students of DIRD

An amazing one-day Workshop on Entrepreneurship on 06th Sep. 2023 has been organized by DIRD. Workshop started with an activity in which students have to suggest the idea to start new business after analysing the current situation and prevailing economic environment. After that Dr. Kothari explained the concept of an entrepreneur and entrepreneurship. He discussed the main theories with examples of successful entrepreneurs. He elaborated how imperative it is for a country to promote and encourage young generation to start a new business with innovative ideas for overall growth of a nation. He told students that how business play a vital role in an economic growth and help to solve the problems like poverty, unemployment and make a country self-reliant. Also make them aware about the new initiatives of government to encourage young & new entrepreneurs.

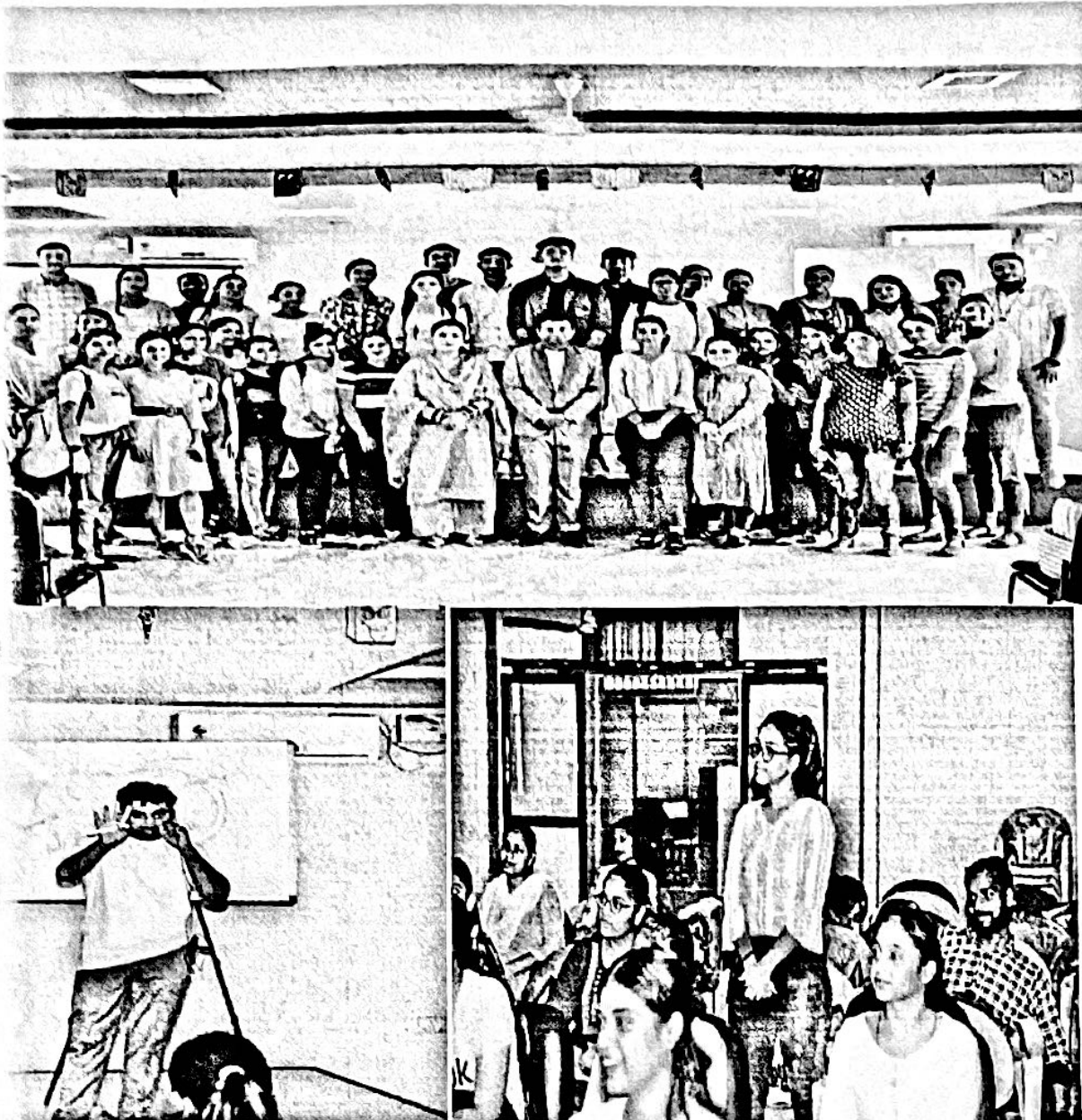


He induces students to think out of the box and generate new ideas to become an entrepreneur rather than calling themselves hapless after failed to get a job. In the second half of the workshop Ms Shweta and Dr. Kothari divided students into groups and gave them a task to generate ideas and new ways to start a business with the available opportunities in India. Students give unique ideas after group discussions. Best and unique ones were appreciated. The pith of the workshop is making students aware about the opportunities available and encourages them to become an entrepreneur. At the end of the workshop all the students gave feedback and shared their experience.



Workshop on Communication & Public Speaking Skills

DIRD organized a workshop on "Communication & Public Speaking" for the students on 15th Sep 23. The objective of the workshop was to make students learn the effective use of communication skills. The resource person for the workshop was Mr. Shashank Swaran who is a certified trainer, coach and mentor. Mr. Shashank explained the various components required for an effective communication. He involved the students in various activities through which students understood the basic elements of public speaking. He also emphasized the do's and don'ts which all of us needs to follow. It was a very informative session for all.



Workshop on Art & Drama in Education

Organized a three days workshop, from 14th to 16th November 2023 on "Art & Drama in Education" for the students. The objective of the Workshop was to create awareness about Art & Drama in the Classroom. The resource person for the workshop was Ms. Alka Gaba. Students enthusiastically took part in the workshop. On the first day of the workshop Ms. Gaba explained the concept of Art & Drama to the students. Second day was full of energy with the students coloring through various activities and ways on papers and fabric. All the students were engaged in the workshop with a great patience and interest. In the end of the workshop, Principal appreciated the efforts of the resource person to break the monotony of the students by introducing them into various valuable and creative activities. All faculty members were presented in the workshop to enhance the skill of Art. The workshop was an effective effort to be the subject of Art & Drama.



Workshop on Mindfulness in Classroom

DIRD organized a workshop, on "Mindfulness in Classroom" for the students of B.Ed department on 24th November 2023. The objective of the Workshop was to create awareness about the concept of mindfulness in the Classroom. The resource person for the workshop was Dr. Sangeet Sharma. The students enthusiastically took part in the workshop. Dr. Sharma explained students about the meaning of mindfulness and its importance. The students also took part in interesting activities as per the theme. Students also learned how to manage stress in our lives and the techniques through which we can keep ourselves emotionally stable. The session was interactive and interesting and it was a learning experience for students. Principal ma'am concluded the workshop with the vote of thanks to Dr. Sangeet Sharma for conducting such an interactive workshop.



Workshop on E- Waste Management

I organized a Workshop on 14th Dec 2023 on "E- Waste Management". The objective of workshop was to create awareness about the different types of e waste in India and other countries and how to manage this waste in a productive manner. The workshop was conducted under the guidance of Principal Ma'am and all faculty members. The resource person was Ms. Liza who is a member head of the team "KARO SAMBHAV" in India which is active in collecting the e waste from the various organizations and managing this waste into products in which the students enthusiastically took part in the seminar. Ms Anamika Sharma welcomed the group and all the members presented in the workshop. Ms. Liza then explained the types of e-waste and types of wastes in India through videos. All the students were enjoying the seminar with great patience and interest. In the end, students were given feedback forms in which they filled some of the questions related to their knowledge about e- waste. Principal Ma'am appreciated the efforts of the students for their interest and contribution. The workshop was an effective effort to make students aware about the waste and its remedy."



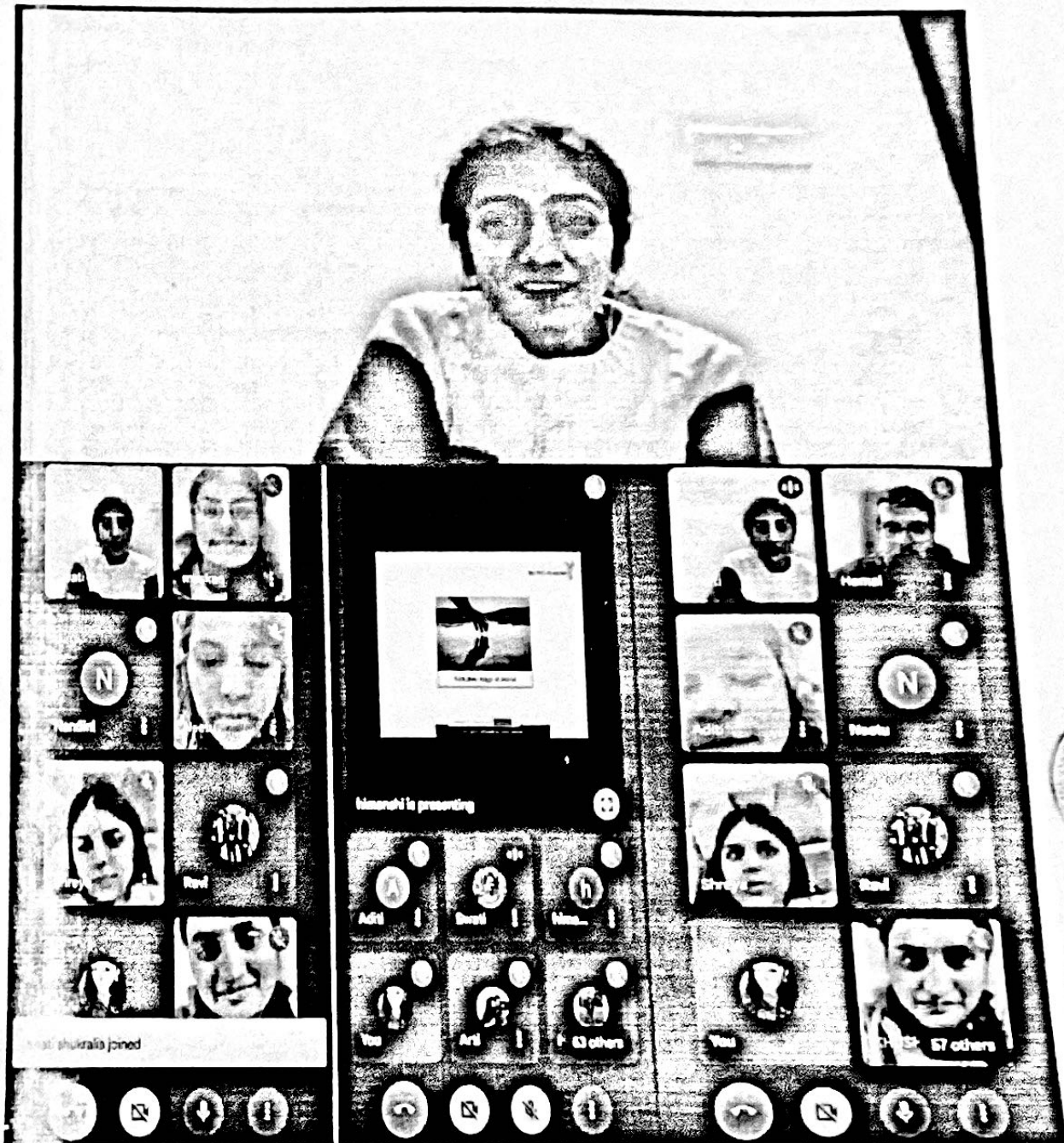
WORKSHOP ON HEALTH AND PHYSICAL WELLNESS

a workshop as on 15th December 2023 on "Health & Physical Wellness" for the students. the Workshop was to create awareness about Yoga & Physical Wellness in the Classroom. enthusiastically took part in the workshop. Dr. Suman explained students about the meaning of Yoga, Asanas & Meditation in Health & Physical Education and its importance in students' s also took part in interesting activities as per the theme. Students learned the importance of al Wellness in our lives and the techniques through which we can keep ourselves healthy & the students shared their views on the topic in which they told about some of the Asanas m daily. The session was interactive and interesting and it was a learning experience for al ma'am concluded the workshop by telling the means, importance and need of Asanas &



Workshop on Mental Wellness, Jan 2024

DIRD organized a workshop on Mental Wellness on 12th January 2024 for the students of B.Ed. first semester. The resource person for the workshop was Ms. Swati Sinha, Founder & Director at Be the Phoenix. Ms. Swati explained the students about the theme "Mental Health in an unequal world". She also emphasized the importance of mental well being. Ms. Swati included a variety of activities in the workshop with the help of which students learned the true meaning of active mindfulness. It was a very enriching and learning experience for all.



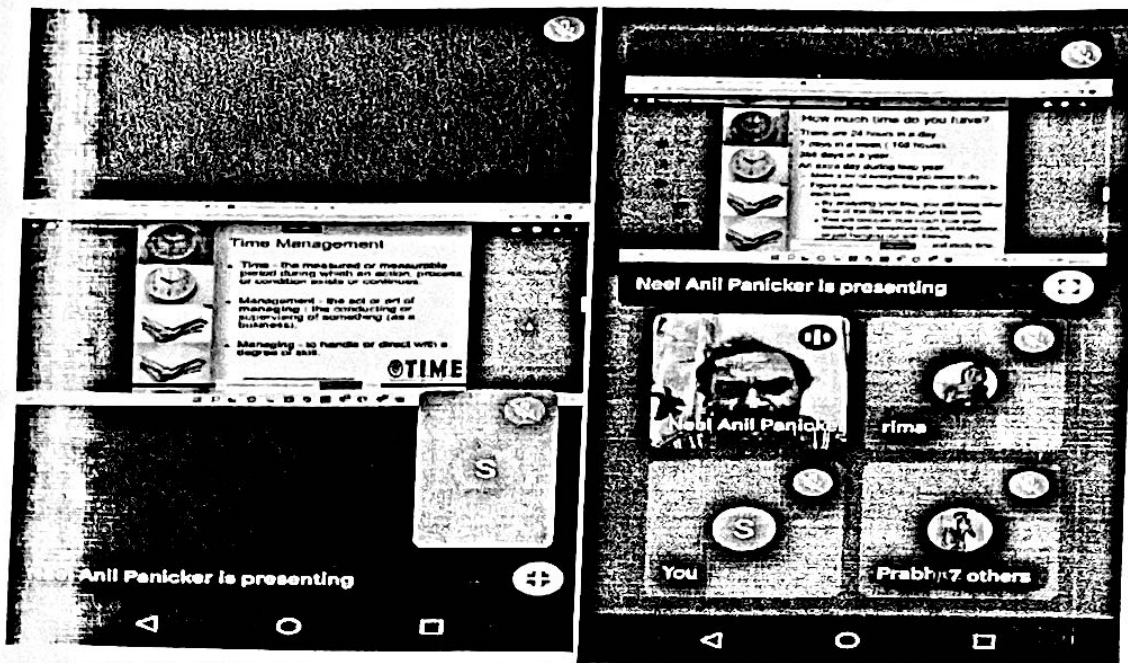
Title: Webinar on Time Management –New Situation New Challenges

Resource Person: Mr.Neel Anil Panickar from TIMES Group

Date: 31st July 2023

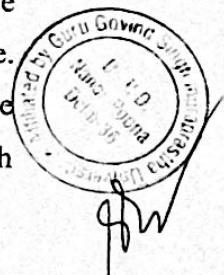
Attended by: Students of DIRD

The Webinar started with the activity in which students were assigned a task to pen down their whole routine, mentioning the activities they performed in a day. Then they were asked to find out the time they spent on those activities having no fruitful outcome or just waste of time for example chatting on any social media platform. After this Mr.Neel explained the relevance of time management, its techniques and how it helps a person to accomplish his task in time.



Mr. Neel explained the meaning and importance of managing time in day to day life. He discussed the new situations and challenges in managing time in present scenario and life style. He elaborated the process of scheduling and method to make schedules. He also explained the ways to balance the routine and to make balance between professional and social life with suitable examples.

At the end he gave an activity to make a schedule for a day to make it productive and to utilize time wisely and discussed the same. After that he welcomed the questions regarding time management.



Webinar on "Adobe Digital Disha" Adobe

A webinar was organized by DIRD on 8th September 2023 on a special programme by Adobe called as Adobe Digital Disha. This webinar was conducted by the resource persons from Adobe i.e. Ms. Liza Puri and Mr. Godfrey Pinho. Adobe Digital Disha is one of the most popular education programs that is created keeping in mind the rapid growth of new skills for students in the digital era. This training programme helped the students by enhancing their creativity and bringing a change in the whole learning process. The other components provided by this webinar were- Free and multiple licenses of Adobe Spark for all students & Faculty, Professional development of Faculty on usage of Spark in classroom, Sample activities and Content and Access to Adobe Education Exchange. It was an interesting, enriching and very informative session. Students as well as faculty members gained a lot from this event.

Top to return to meeting 10:16

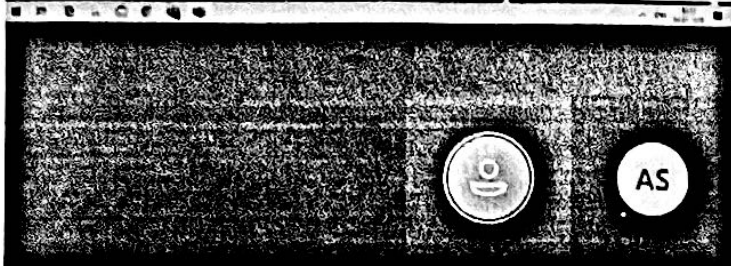
In the meeting (149)

- Ankita
- Ankita Gaire
- Aarti D30
- Aayushi Gupta
- Abhinav Saru
- Akanksha Gupta
- Akanksha
- Aman
- AS Anamika Sharma
- Aanya
- Ankit Sharma
- Annu Tyagi

Adobe Digital Disha – Program Overview


Adobe Digital Disha is one of such initiative which emissions to empower educators to provide different kinds of digital experiences to Faculty and students to learn new age skills and develop crucial 21st century skills – creativity, communication, collaboration and critical thinking

- Free Access to Adobe Spark Premium
- Empower educators to use digital for lesson plans and project-based learning
- Enable Faculty to adopt 21st Century Digital pedagogical Skills
- Enhance innovation and creativity among students
- Capacity Building workshop for the Faculty
- Access to Adobe Education Exchange





Footprints of Digital Disha - Coverage

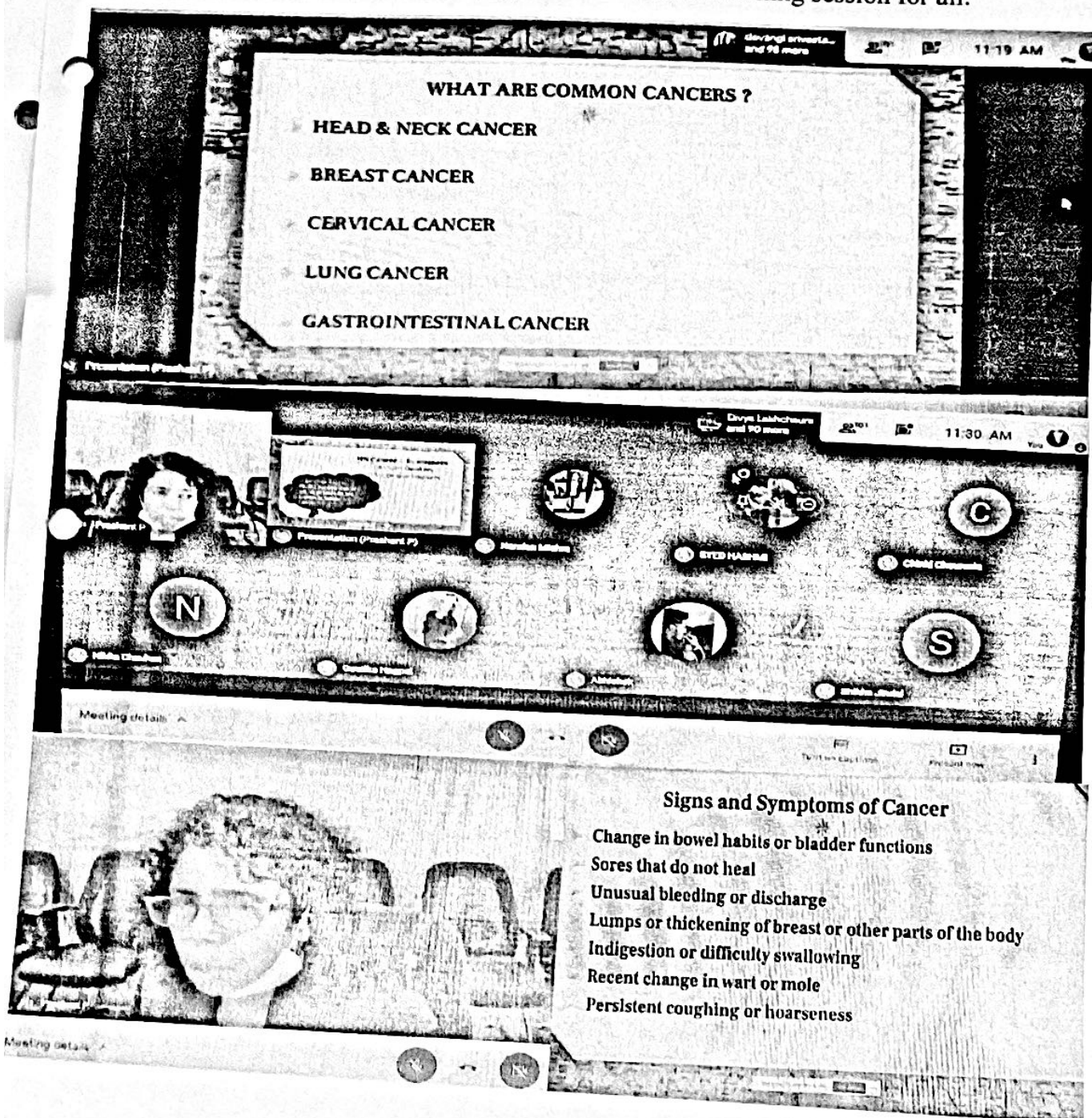






Webinar on Cancer Awareness

A webinar on "Cancer Awareness" was organized by DIRD on 17th Feb 2024. The resource person for the Seminar was Dr. Swarupa Mitra. Dr. Mitra is a Senior Radiation Oncologist at Rajiv Gandhi Cancer Institute. Dr. Mitra is deeply involved in academic and social activities to spread awareness and knowledge about cancer. The focus of the seminar was on providing students as well as faculty the knowledge about the common types of cancer, how it spreads, signs and symptoms to notice and screening and diagnosis of the cancer. She mainly focused on the preventive measures. She explained that how healthy diet and our lifestyle can help us to stay away from this deadly disease. She also emphasised the importance of exercise and taking essential minerals and vitamins in our diet. The students as well as faculty members took keen interest in the session. Students also asked many questions regarding the topic. In the end Principal Ma'am provided vote of thanks to Dr. Mitra for taking such a good, interesting, informative and enriching session for all.



Report on Webinar

On

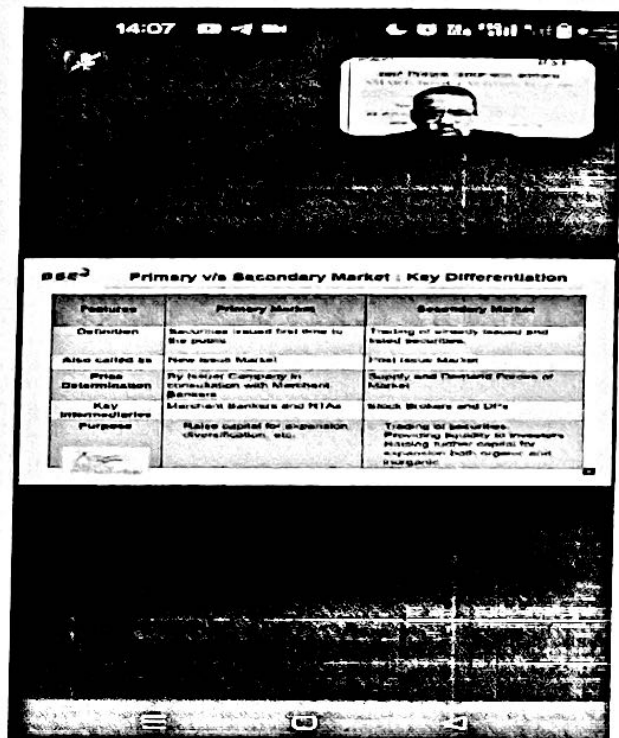
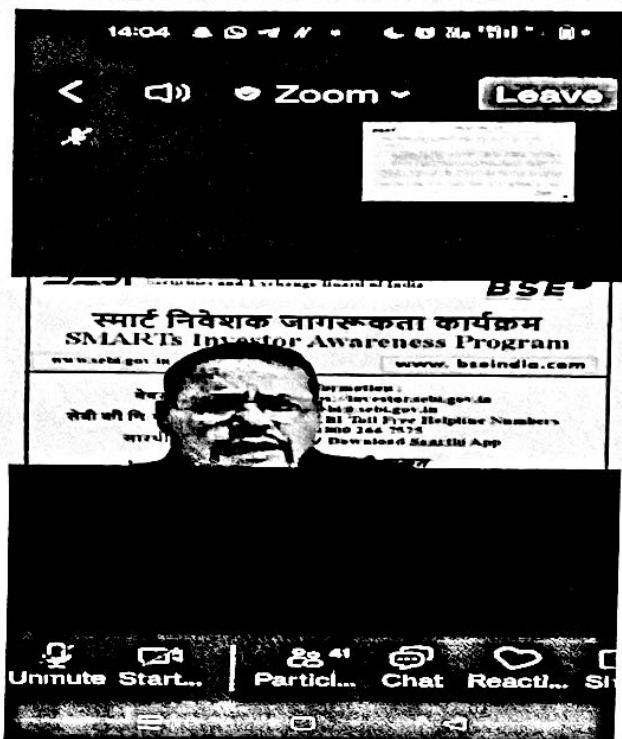
"Awareness about Investment in Securities Market"

On October 4th, 2024, the college hosted a webinar titled "Awareness about Investment in the Securities Market" to educate students on market dynamics, hurdles, stock investment prerequisites, and SEBI.

Mr. Dwijen Dutta acted as the principal resource person for the session. He began his presentation by providing an overview of the security market and the functions of the Securities and Exchange Board of India (SEBI). He then delved into essential requirements, the rights of shareholders, public offerings, and the various initiatives undertaken by SEBI to protect investors.

Furthermore, Mr. Dutta discussed various payment methods, offered insights on investment strategies, and explained the procedures for addressing grievances. His comprehensive approach ensured that attendees gained a thorough understanding of the regulatory landscape and the measures in place to enhance investor security.

The whole session was very informative and interesting, as Mr. Dutta engaged all the attendees while sharing the information.



Awareness Programme on Financial Wellness

DIRD organized an Awareness Programme on Financial Wellness on 27th October 2023. The Resource Person for the session was Ms. Namrata Arora from Knowise Learning Academy. It was an online session that was conducted on Zoom App. The topic of the session was “Why should you get started young & early”? Ms. Namrata started the session by explaining the students about the meaning and importance of financial wellness. She also emphasized on the importance of savings and why we should start investments at early stage. She highlighted the types of mutual funds and how does a mutual fund work? Students keenly listened and asked questions wherever required. It was a knowledgeable session for all.

